



Take an alluring journey through the  
paces of everyday life in Hong Kong.  
Engaging all senses, make the adventure  
your own. Each step you take creates  
impact, each breathe you take is another  
moment spent learning about the  
wonders around you.



## Awakening

—

6 am | *Life comes from me, not at me*



*Mind refreshed,*

*I pace the trail with my second skin leggings.*

*I set an intention for the day.*





## Morning Bite

10 am | *I listen to my heart*



*Wrapped in my silk jumpsuit,  
I enjoy the laziness of Hollywood Road slowly awakening.  
Centered. Void of inner chatter -  
I savor a Fresh-baked Galette.*





*Urban Meditation*

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*12:30 pm | What I focus on, I become*



*Lunch Time*

—

1 pm | *I cultivate Patience*



*The frenzied lunch hour suddenly hits me  
and I resist the urge of being overwhelmed  
by the city's hectic vibe. My senses are sharpened.*









*I unroll my mat and my practice unfolds.  
Fibers and threads lengthen then twist,  
empowering the flow of my body.*



*Rooted*

—

3 pm | *Le futur se construit au présent*

\* French proverb meaning tomorrow is built today





## Sanctuary

—

8 pm | 水滴石穿 (shuǐ dī shí chuān)

\* Chinese proverb meaning constant effort yields success



*I remember this Chinese proverb: Water slowly dripping in one point can carve the stone whereas a rain shower on a mountain leaves the mountain intact.*





2-3

Top: Ambre Bottom: Volupté



4-5

Top: Ambre Bottom: Luxe



7

Dress: Humeur



8,9

L) Top: Désir Bottom: Luxe R) Dress: Soleil



10

Jumpsuit: Âme



12

Dress: Secret



13

L) Dress: Humeur



14-15

Top: Hyacinthe Bottom: Volupté



17

Top: Orientale Bottom: Luxe



Dress: Soleil Bottom: Luxe



Top: Hyacinthe Bottom: Luxe



Dress: Humeur



Top: Splendeur Bottom: Volupté



L) Dress: Sodeil R) Jumpsuit: Âme



L) Top: Désir Bottom: Or R) Dress: Vagabonde

